

ONLINE BOOKING FAQ

GENERAL QUESTIONS

Help, I'm in the wrong location!

Select "Change Location" near the top of the page to navigate to another Body Blitz Spa location.

Help, I want a different treatment!

All treatment categories are listed in the menu to the left. You will have chance to review your cart before confirming your booking.

I'd like to book for me and a friend.

Select 'book a group' at the top left of the menu screen. You can book up to 4 people. Alternately, you can call **Body Blitz Spa** at 416.364.0400

Why do I have to pay when I book?

You will not pay for your treatment until you arrive at the spa. We take your credit card so we can hold your reservation, as we do have a 24 hour cancellation policy (48 hours for groups of three or more). Any changes or cancellations of appointments without the appropriate notice will be charged a 50% service fee.

How do I cancel my appointment?

To cancel online, click on "My Account" at the top right of the page; on the next page, select "History" on the left side of your screen. You will see your upcoming appointment at the top of the page. Click on the icon at the far right to cancel your treatment.

BOOKING QUESTIONS

Can I book for the therapeutic waters?

No reservations are needed to access the therapeutic waters, just drop in. If you are a group of four or more, you can call the spa to book a time.

Can I book my bridal party online?

You can book up to four people together online; from the menu page, click on "book a group" at the top left. If you are a group of five or more, please visit our group bookings page to get started on organizing your party [HERE!](#)

How do I book multiple services on the same day?

Please call the spa directly to book multiple services.

What is the best time to book my treatment?

When you book a treatment make sure you **allow 90 minutes before your scheduled treatment to enjoy the therapeutic waters.** If you are looking for a quieter time, generally Monday, Wednesday, and Thursday are quieter days, as well as Saturday evening after 5pm.

BOOKING AT BLITZ FACIAL BAR

How do I book at the Blitz Facial Bar?

You can book an appointment at the Blitz Facial Bar by clicking here, or by downloading the MindBody app for your phone.

FEEL FREE TO CALL US ANYTIME

416.364.0400

bodyblitzspa.com



For more information about Body Blitz Spa and the therapeutic waters, [click here.](#)

body blitz® spa
HEALTH BY WATER